

RB LI LIVING

GAVIN ASTOR HOUSE



14-BED EXPANSION TO RB LI CARE SERVICES ON TRACK FOR APRIL

RB LI's latest on-going development, which will offer residential nursing and day care with welfare and nutritional support, is on schedule for its April completion.

The new 14-bed centre will offer additional nursing care capacity on the village, as well as day occupancy, catering for a wide range of complex care needs.

All substructures are completed for the new centre with focus now switching to the roof finish, windows and internal door linings.

Following the project's completion, attention will turn to the refurbishment of nearby Gavin Astor House, which will see the care home modernised and allow for the ground floor to be converted for dementia-specific care.

RB LI chief executive Steve Sherry CMG OBE said: "We are incredibly excited to see that the building work carried out by BEC Construction is well on track for April next year.

"We have a tremendous care staff based across our village who, with admirable

commitment, improve the lives of our residents each and every day.

"This, when coupled with brand new facilities which provide a truly homely environment, will only further improve the great reputation of the care available on our village."



GAH TRIPS OUT PROVING A HIT WITH THE RESIDENTS AND FAMILIES



Gavin Astor House residents and their friends and family have spoken highly of the recent events, trips out, and activities available to take part in.

The most recent of which, a train ride to Tenterden, was real hit with those who took part, including resident Joan, who was accompanied by son Tony.

"It really was a great day," said Tony. "It was a very steady ride."

"It was all accessible for wheelchairs and the staff were very helpful.

"It's nice to watch TV in your room but trips



out are important and are always good to look forward to."

GAH social-care coordinator Sarah Winter, who organises the residents' trips, said she takes real pride in seeing those living at the home and their families enjoy the events and days out.

"It's incredibly important that we provide as many opportunities for our residents as possible.

"The best one was the Cockney Night," added Joan. "It was great night."

REMEMBERING THE WORLD CUP AT GAVIN ASTOR HOUSE



Flags of St George and England football team shirts lined the walls of Gavin Astor House this summer as residents and their families gathered round to watch England fight to a well-deserved semi-final finish.

One member of staff even went the extra mile to show support, which Tim, husband of resident Karen - who has been at the home for a little over three months - said was a nice little extra decoration.



Tim said: "The Gavin Astor chef brought in some old England shirts from the past few decades to decorate the room - which was a really nice touch.

"It's vital that you have interaction with the staff.

"It helps Karen to feel more settled in - and it's good for me because I know she's in safe hands."

PRIVATE BUSHFORD'S STORY



A young Suffolk tank driver who was killed in battle during the First World War only for his grave to be destroyed later in the conflict will be memorialised for the first time in the UK as part of unique charity commemoration campaign.

Private Albert Bursford, of Newmarket, gave his life for his country on the very first day of the battle of Cambrai in France, 1917, after a bullet entered the tank he was driving, killing him aged just 21.

He was laid to rest by nearby farmers on their land, only for his impromptu grave to be destroyed by shellfire sometime later during the war.

No physical memorial has since been established in the UK for Albert, however, his name will now be placed on Royal British Legion Industries' Wall of Honour in line with this year's centenary recognition.

The project offers members of the public the opportunity to have their name, or the

name of a family member, friend or loved one, engraved onto a plaque in the charity's historic memorial garden in Aylesford for £100 – all of which will go directly to helping current veterans in need of support through RBLI's services.

Albert's great niece Wendy Brimicombe, who herself served in the Women's Royal Army Corps, said: "I think it's a brilliant way of memorialising him.

"Because he died so young, he didn't have a family of his own – all the older members of my family have all past on. My dad was the last one who remembered him, so now there isn't anyone who can talk about him anymore."

LEAVE A LASTING LEGACY

Visit www.rbli.co.uk/wallofhonour or contact fundraising@rbli.co.uk, or call **01622 795966**



It's vital that we keep these sorts of stories alive. I think it's important that it never gets forgotten, although its 100 years since the end of the First World War, there are still people alive who are deeply affected by it.

Wendy Brimicombe

Niece of Private Albert Bushford

SEPTEMBER

- 3** | PAMPER AFTERNOON: HAND MASSAGE & NAIL PAINTING
MONDAY 2:30PM
MCALLISTER DINING ROOM
- 4** | TWINKLE THE PONY VISITING GAVIN ASTOR HOUSE
TUESDAY 2:30PM
GARDEN
- 5** | MUSIC: FANTASTIC ROCK 'N' ROLL SINGER RICKY FONTAYNE
WEDNESDAY 2:30PM
LEWIS DINING ROOM
- 6** | FILM AFTERNOON: CLASSIC MUSICAL 'SOUTH PACIFIC'
THURSDAY 2:30PM
LEWIS TV LOUNGE
- 7** | 1-2-1: WITH SARAH
FRIDAY
- 10** | TURNTABLE TREASURES
MONDAY 2:30PM
LEWIS TV LOUNGE
- 11** | MUSIC: THE AMAZING VOICE OF JOY DEY
TUESDAY 2:30PM
LEWIS DINING ROOM
- 11** | TAKEAWAY TUESDAY: INDIAN
TUESDAY 6:30PM
MCALLISTER DINING ROOM
- 12** | BINGO AFTERNOON
WEDNESDAY 2:30PM
MCALLISTER DINING ROOM
- 12** | PAMPER AFTERNOON: NAILS & BEAUTY WITH LITA
WEDNESDAY 2-5PM
07747 445827 TO MAKE AN APPOINTMENT
- 13** | TRIP OUT: TO THE SEASIDE
THURSDAY
SEASIDE
- 14** | 1-2-1: WITH SARAH
FRIDAY
- 17** | STORY AFTERNOON: INTERESTING STORIES FROM ALAN TITCHMARSH
MONDAY 2:30PM
MCALLISTER DINING ROOM
- 18** | MUSIC: THE BRILLIANT SINGER ROBERT WILFORD
TUESDAY 2.30PM
LEWIS DINING ROOM
- 19** | TRIP OUT: TRIP TO RAMSGATE
WEDNESDAY
RAMSGATE
- 20** | MUSIC: THE BRILLIANT SINGER NINA CLARKE
THURSDAY 10.45AM
ROOM TO ROOM

NOTE! ACTIVITIES ARE SUBJECT TO CHANGE PENDING STAFF LEAVE, RESIDENTS WISHES, HOME ENTERTAINMENT AND THE WEATHER. PLEASE REFER TO THE NOTICE BOARDS FOR UP TO DATE INFORMATION.

21 | 1-2-1: WITH SARAH
FRIDAY

26 | 1-2-1: WITH MARC
WEDNESDAY

24 | **FILM AFTERNOON: 5 CLASSIC COLOUR EPISODES OF 'THE VERY BEST OF STEPTOE AND SON'**
FRIDAY 2:30PM
LEWIS TV LOUNGE

27 | **CANINE CAPERS: PADDY, BELLA AND INDI ARE VISITING GAVIN ASTOR HOUSE**
THURSDAY 11AM-12PM

25 | BINGO AFTERNOON WITH MARC
TUESDAY 2:30PM
MCALLISTER DINING ROOM

27 | FRIENDS & RELATIVES COFFEE MORNING
FRIDAY 10-11AM

OCTOBER

1 | **ARTS & CRAFTS: FLOWER ARRANGING**
MONDAY 2:30PM
LEWIS DINING ROOM

5 | 1-2-1: WITH SARAH
FRIDAY

2 | **MUSIC: ROCK 'N' ROLL SHOW**
TUESDAY 2:30PM
LEWIS DINING ROOM

8 | **FILM AFTERNOON: LADY IN THE VAN**
MONDAY 2:30PM
LEWIS TV LOUNGE

3 | **TRIP: HOWLETTS WILDLIFE PARK**
WEDNESDAY 2:30PM
HOWLETTS WILDLIFE PARK

9 | **TAKEAWAY TUESDAY: FISH 'N' CHIPS**
TUESDAY 6:30PM
LEWIS DINING ROOM

3 | **PAMPER AFTERNOON: NAILS & BEAUTY WITH LITA**
WEDNESDAY 2-5PM
07747 445827 TO MAKE AN APPOINTMENT

10 | **GAMES AFTERNOON: SCRABBLE GAMES AFTERNOON**
WEDNESDAY 2:30PM
MCALLISTER DINING ROOM

4 | **ARTS & CRAFTS: CARD MAKING WITH MARGARET & SARAH**
THURSDAY 2.30PM
MCALLISTER DINING ROOM

11 | **MUSIC: CLASSICAL GUITARIST JONATHON PRAG**
THURSDAY 2:30PM
ROOM TO ROOM

OCTOBER

- 12** 1-2-1: WITH SARAH
FRIDAY
- 15** FILM AFTERNOON: LAUREL & HARDY
MONDAY 2:30PM
LEWIS TV LOUNGE
- 16** SHOW: SG PRODUCTIONS PRESENTS ' BROADWAY SHOW'
TUESDAY 2.30-PM
LEWIS DINING ROOM
- 17** TRIP: BROOKSIDE GARDEN CENTRE
WEDNESDAY
TONBRIDGE
- 18** MUSIC: THE BRILLIANT SINGER NINA CLARKE
THURSDAY 10.45AM
ROOM TO ROOM
- 18** AYLESFORD CHURCH SERVICE
THURSDAY 2:30PM
LEWIS DINING ROOM
- 19** 1-2-1: WITH SARAH
FRIDAY
- 19** FRIENDS & RELATIVES COFFEE MORNING
FRIDAY 10-11AM
- 22** FILM AFTERNOON: THE KINGS SPEECH
MONDAY 2:30PM
LEWIS TV LOUNGE
- 23** BINGO AFTERNOON
TUESDAY 2:30PM
MCALLISTER DINING ROOM
- 24** 1-2-1: WITH MARC
WEDNESDAY
- 24** PAMPER AFTERNOON: NAILS & BEAUTY WITH LITA
WEDNESDAY 2-5PM
07747 445827 TO MAKE AN APPOINTMENT
- 25** 1-2-1: WITH STAFF & VOLUNTEERS
THURSDAY
- 26** 1-2-1: WITH STAFF & VOLUNTEERS
FRIDAY

KEY CONTACT DETAILS

Gavin Astor House email: gah@rbli.co.uk
Gavin Astor House website: rbli.co.uk
Annie, Aromatherapist: 07967 830810
Maggie, Aromatherapist: 07775 427928

RECEPTION

Jan, Hairdresser (every Friday): 07842 214722
Lita, Beautician: 07747 445827
Sarah Winter: 01622 791056

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